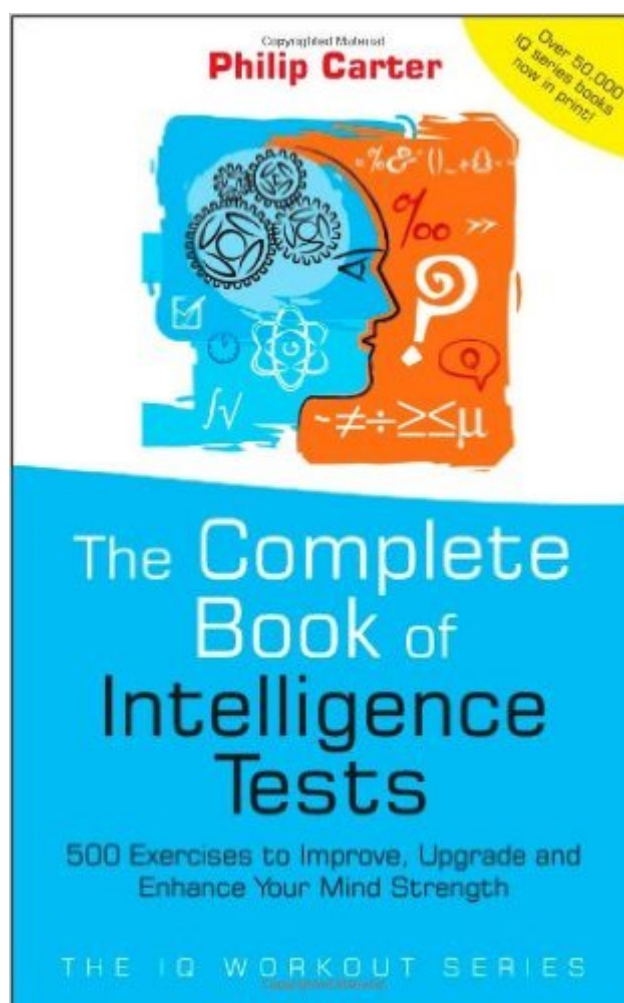


The book was found

# The Complete Book Of Intelligence Tests: 500 Exercises To Improve, Upgrade And Enhance Your Mind Strength



## Synopsis

Enjoyable mental exercises to help boost performance on IQ tests This engaging book offers readers the ultimate in calisthenics for the brain. Using the same fun, informative, and accessible style that have made his previous books so popular, Philip Carter helps people identify mental strengths and weaknesses, and provides methods for improving memory, boosting creativity, and tuning in to emotional intelligence. Featuring never-before-published tests designed specifically for this book, plus answers for all questions, this latest treasure trove from a MENSA puzzle editor outlines a fun, challenging program for significantly enhancing performance in all areas of intelligence.

## Book Information

Paperback: 212 pages

Publisher: Capstone; 1 edition (September 2, 2005)

Language: English

ISBN-10: 0470017732

ISBN-13: 978-0470017739

Product Dimensions: 5.4 x 0.5 x 8.6 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (26 customer reviews)

Best Sellers Rank: #88,652 in Books (See Top 100 in Books) #78 in [Books > Self-Help > Memory Improvement](#) #2447 in [Books > Health, Fitness & Dieting > Mental Health](#) #2572 in [Books > Self-Help > Personal Transformation](#)

## Customer Reviews

Firstly, I would like to point out that "The Complete Book of Intelligence Tests" is NOT a book of IQ tests. Although this book does contain one "IQ test", it is primarily made up of a series of relatively short tests, each testing a different aspect of intelligence (for example, verbal intelligence, numerical intelligence and even creative intelligence and emotional intelligence). My opinion of the tests varies from test to test. Some of the tests require very specific prior knowledge in order to get the answers correct (this is very much the case for the test of technical intelligence), which makes them knowledge tests rather than intelligence tests, and so, in my opinion they shouldn't have been included. In general, though, the tests do provide a good cross-section of the different types of questions you could expect on an intelligence test, and would provide good practice if you were planning on sitting such a test. The biggest drawback of this book is that none of the tests in it are

standardized. At the end of each test there are grade bands which tells you whether you are average, very good, exceptional, etc. However, even on the IQ test, there is no way to convert these numerical grades to an IQ figure. If you are looking for a book that will allow you to calculate your IQ then you should try Test Your IQ. Without a conversion chart to convert grades to IQ, this book can only give you a ballpark idea of the level of your intelligence and as a result, should not be able to call itself "complete".

This is a book of intelligence tests. The tests cover verbal aptitude, numerical aptitude, technical aptitude, logical reasoning, imagination, lateral thinking, problem solving, emotional intelligence and memory. I used this book and others by Philip Carter in preparation for the Mensa test. There is no question in my mind that these challenging tests, and especially the exercise of solving those that I missed within the allotted time limit, helped me prepare for a successful outcome on the Mensa test. The author clearly explains in the Introduction that this book is not designed to measure one's IQ or Intelligence Quotient, saying "the object of this book is to identify different types of intelligence and bring together tests for different aspects of intelligence into one book...". Although seeing a standardized IQ test might help one understand how they work, a person would not take such IQ tests repeatedly as the primary means of preparing for a proctored exam. What you need is a learning tool like this book. It does not tell you how to do the problems, but it does help you understand which mental skills need improvement. The "how do you do that type of problem" learning is in part made of hard thinking, in part personal creativity and in part reading other books on the subject or asking an expert. This is an excellent book to understand your capabilities and direct you to areas for improvement of your mental skills. The problems you get wrong are the ones on which to concentrate your effort. In some cases there is more than one answer, such that the single solution shown in the key at the back of the book is not the only right answer. At first this was frustrating, but after finding a handful of these it felt good to know that there is more than one way to skin a cat. I rate this book five stars.

The answers at the back of the book don't explain how they came up with the answers. So if you want to learn something new it is useless. Now if you already know how to do the tests, it \*may\* increase speed.

This is fun to use, challenging, and I think it actually works too! My Mother has Dementia and I want to avoid it so I eat healthy, drink lots of water, and play brain games. Test yourself and improve your

brain.

This book was hard to use on Kindle. The answers are in the back and it was difficult to go back and forth. The material was too dense, I would have liked to see more of a workbook format.

Actually, I love all of Philip Carter's intelligence tests. They are a great way to keep the mind active and engaged.

I think everybody past 19 yrs old should buy this book because it helps readers to understand what intelligence is about and why one should exercise the brain just as we exercise the rest of the body. And just as important, it provides lots of mental exercises, feed-back and sensible evaluation (explaining correct answers).-Philip Carter explains concisely and clearly how intelligence is evaluated and then he provides the reader with a block of exercises.-I am a triathlete and I have participated in World Championships as a member of the Mexican team, so I know very well that what is not measured cannot reach excellence. I have a Ph.D. in Litt. and presently I am a member of Lumosity, an excellent site to improve a few of people's mental skills, so please believe me when I tell you that this book will definitely help you to improve your mental skills.- Yet, do not believe that this is it and you are done.- Your brain needs to learn foreign languages, how to play an instrument, in other words, your brain needs not only to be constantly learning but just as important it must be permanently evaluated; otherwise, it may suffer serious drawbacks.-Whatever you are good at, every four years take up a new subject to study, a new sport to practice: The brain needs change to be kept in tip top condition, not to decay or worse suffer Alzheimer. Eat well!! and start reading "The complete book of intelligence tests by Phillip Carter", you might be saving a lot of trouble later in life.

[Download to continue reading...](#)

The Complete Book of Intelligence Tests: 500 Exercises to Improve, Upgrade and Enhance Your Mind Strength  
The Neurogenesis Diet and Lifestyle: Upgrade Your Brain, Upgrade Your Life  
Memory Exercises: Memory Exercises Unleashed: Top 12 Memory Exercises To Remember Work And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory, brain training)  
Improve Your Eyesight Naturally: How To Improve Your Vision Naturally - Learn Super Effective Eyesight Exercises To Improve Eyesight Without (Vision Therapy, Optometry, Eyesight Improvement)  
BRAIN: 51 Powerful Ways to Improve Brain Power, Enhance Memory, Intelligence and Concentration NATURALLY! (MEMORY, Memory Improvement, Learning, Brain Training)  
Pasatiempos Logicos / Great Critical Thinking Puzzles (Tests Y Juegos De Inteligencia /

Intelligence Tests and Games) (Spanish Edition) The Complete Strength Training Workout Program for Racquetball: Improve power, speed, agility, and resistance through strength training and proper nutrition 500 Low-carb Recipes - 500 Recipes, From Snacks To Dessert, That The Whole Family Will Love (500 Recipes, from Snacks to Dessert) Black & Decker The Complete Guide to Garden Walls & Fences: \*Improve Backyard Environments \*Enhance Privacy & Enjoyment \*Define Space & Borders (Black & Decker Complete Guide) Communicating With Intelligence: Writing and Briefing in the Intelligence and National Security Communities (Security and Professional Intelligence Education Series) The Bag Book: Over 500 Great Uses and Reuses for Paper, Plastic and Other Bags to Organize and Enhance Your Life (Lansky, Vicki) Body Language: Understand How to Read Body Language, Non-verbal Cues, Enhance your Communication and Improve your Social Skills! Everyday Yoga: At-Home Routines to Enhance Fitness, Build Strength, and Restore Your Body Exercises for Osteoporosis, Third Edition: A Safe and Effective Way to Build Bone Density and Muscle Strength and Improve Posture and Flexibility Exercises for Multiple Sclerosis: A Safe and Effective Program to Fight Fatigue, Build Strength, and Improve Balance Emotional Intelligence: Master Your Emotions- Raise Your EQ, Critical Thinking and Optimize Your Life (Emotional Intelligence, Critical thinking, EQ) Pilates and Bodyweight Exercises: 2-in-1 Fitness Box Set: Shred Fat, Look Great (Pilates Exercises, Bodyweight Exercises, Fitness Program, HIIT Program, ... Muscle Building, Lean Body, Total Fitness) Kegel Exercises for Men: PC Muscle Exercises to Improve Sexual Health & Performance Brain Training: Power Brain! - Secret Techniques To: Improve Memory, Focus & Concentration (Brain teasers, Improve memory, Improve focus, Concentration, Brain power) Journeys: Common Core Benchmark Tests and Unit Tests Consumable Grade 5

[Dmca](#)